

Standing Orders for Persons with Diabetes

1. Locate flowsheet in patient record (electronic or paper).
2. Update flowsheet with information from the patient.
3. Administer services for **every visit** according to the provider orders below:
 - A. Monitor and record B/P (on the same arm) every visit.
 - B. Measure and record the patient's weight every visit.
 - C. Visually inspect feet at every visit. Perform a comprehensive **foot examination** annually or if the patient complains of foot problems. Foot exam to include:
 1. Palpate dorsalis pedis and posterior tibial pulses.
 2. Use Semmes-Weinstein monofilament to assess sensation.
 3. Record findings on the patient's flowsheet and alert the provider to any abnormalities.
 - D. If **HgbA1C** was not done in past 6 months, complete a lab requisition.
 - E. If a **urinalysis** was not done in the past year:
 1. Perform urine dipstick and record result on flowsheet.
 2. If urine protein is negative, complete a lab requisition for urine microalbumin.
 - F. If a **lipid profile** was not done in the past year:
 1. Complete a lab requisition for a fasting lipid profile.
 - G. If a **dilated eye exam** was not done in the past year, complete a referral for an ophthalmology/optometry dilated eye exam for provider to approve.

Physician signature: _____

Date: _____



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