

# 2012 Prevention Health Observances

Attention health professionals, teachers, and community groups! By supporting National Health Observances, you can:

- Education the public about health risks
- Organize successful health promotion events and campaigns
- Get new ideas, information, and resources on health topics of interest

Source: 2012 National Health Observances, national Health Information Center, Office of Disease Prevention and Health Promotion, US Department of Health and Human Services, Washington, DC.

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## **February**

**1-29<sup>th</sup>**

### **Heart Month**

American Heart Association  
7272 Greenville Avenue  
Dallas, TX 75231  
800-242-8721  
301-592-8563 Fax  
[www.heart.org](http://www.heart.org)

**3rd**

### **National Wear Red Day**

National Heart, Lung, and Blood Institute Health Information Center  
Attention: The Heart Truth  
PO Box 30105  
Bethesda, MD 20824-0105  
301-592-8573  
240-629-3255 TTY  
301-592-8563 Fax  
[nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)  
[www.nhlbi.nih.gov/health/hearttruth](http://www.nhlbi.nih.gov/health/hearttruth)

## **May**

**1-31<sup>st</sup>**

### **National High Blood Pressure Education Month**

National Heart, Lung, and Blood Institute Health Information Center

PO Box 30105

Bethesda, MD 20824-0105

301-592-8573

301-592-8563 Fax

[nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)

[www.nhlbi.nih.gov/health/hearttruth](http://www.nhlbi.nih.gov/health/hearttruth)

**30th**

### **National Senior Health & Fitness Day®**

Mature Market Resource Center

1850 West Winchester Road, #213

Libertyville, IL 60048

800-828-8225

[info@fitnessday.com](mailto:info@fitnessday.com)

[www.fitnessday.com](http://www.fitnessday.com)

**31st**

### **World No Tobacco Day**

Pan American Health Organization

WHO Regional Office for the Americas

525 23<sup>rd</sup> Street NW

Washington, DC 20037-2895

202-974-3000

202-974-3663 Fax

[www.who.int/tobacco/wntd/en](http://www.who.int/tobacco/wntd/en)

## **August**

**1-31<sup>st</sup>**

### **National Immunization Awareness Month**

National Center for Immunization and Respiratory Diseases

Centers for Disease Control and Prevention

1600 Clifton Road NE, MS E-05

Atlanta, GA 30333

800-CEDC-INFO (232-4636) English/Spanish

888-232-6348 TTY

404-639-7394 Fax

877-394-8747 International Travel Information

[www.cdc.gov/vaccines/events/niam/default.htm](http://www.cdc.gov/vaccines/events/niam/default.htm)

## **September**

**1-30<sup>th</sup>**

### **National Cholesterol Education Month**

National Heart, Lung, and Blood Institute Health Information Center

PO Box 30105

Bethesda, MD 20824-0105

301-592-8573

301-592-8563 Fax

[nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)

<http://hp2010.nhlbihin.net/cholmonth/>

**1<sup>st</sup>**

### **Healthy Aging® Month**

Educational Television Network, Inc.

PO Box 442

Unionville, PA 19375

610-793-0979

[info@healthyaging.net](mailto:info@healthyaging.net)

<http://www.healthyaging.net/events.htm>

## **October**

**1-31<sup>st</sup>**

### **National Breast Cancer Awareness Month**

National Breast Cancer Awareness Month Board of Sponsors

C1C-315

1800 Concord Pike

Wilmington, DE 19850-5437

[nbcamquestions@yahoo.com](mailto:nbcamquestions@yahoo.com)

[www.nbcam.org](http://www.nbcam.org)

## **November**

**1-30<sup>th</sup>**

### **COPD Awareness Month**

American Lung Association

1301 Pennsylvania Avenue NW, Suite 800

Washington, DC 20004

800-548-8252

202-785-3355

202-452-18058 Fax

[info@lungusa.org](mailto:info@lungusa.org)

<http://www.lungusa.org>

**1-30<sup>th</sup>**

**Lung Cancer Awareness Month**

Lung Cancer Alliance

888 16<sup>th</sup> Street NW, Suite 150

Washington, DC 20006

202-463-2080

202-463-7497 Fax

[info@lungcanceralliance.org](mailto:info@lungcanceralliance.org)

[www.lungcanceralliance.org](http://www.lungcanceralliance.org)

**15<sup>th</sup>**

**Great American Smokeout**

American Cancer Society

250 Williams Street NW

Atlanta, GA 30303

800-ACS-2345 (227-2345)



This material was prepared by the Kansas Foundation for Medical Care, Inc. (KFMC), the Medicare Quality Improvement Organization for Kansas, under