

**NESS COUNTY HOSPITAL
NESS CITY, KANSAS
LONG TERM CARE
POLICIES AND PROCEDURES**

Pain Management
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PROCEDURE

1. The Pain Assessment Tool will be completed upon identification of pain and before resident's physician is notified.
2. Pain Assessment Tool can be completed by Nursing, CMA's, Therapy, Rehab Aide.
3. The resident's attending physician will be informed when appropriate, and orders for analgesia will be obtained to promote resident comfort.
4. The resident's pain management will be evaluated. Any changes in pain management will be discussed with the attending physician and appropriate orders obtained.
5. All pain management regimes will be reviewed with the resident and/or resident's family/significant other on an ongoing basis.
6. Complete the Pain Assessment Tool as follows:
 1. Answer questions.
 2. Indicate on the diagram where the resident's pain is reported to be located.
 3. Mark the appropriate box corresponding with the number or face on the pain scale used.
 4. Question the resident regarding what the pain feels like, duration, when it occurs, how long it occurs, what helps relieve the pain and check the appropriate responses.
 5. Observe the verbal and vocal expression, as well as the body movement, facial expression and if the resident physically touched the location of the pain. Also look for any behavioral indicators.
 6. List all pain medication that is currently used.
 7. Discuss with the resident what helps alleviate their pain.
 8. Nursing will discuss with the resident what actions will be taken by the resident, staff and /or family to manage their pain.
7. The CMA, LPN will review the general level of pain with the resident every shift pain management is implemented and document on the MAR or PRN record.
8. The RN will review the resident's goal and the general level of pain and document on the Pain Assessment Tool.
9. The CMA/LPN will report any unmet resident pain goals to the RN.
10. The RN will assess the pain management and develop a plan of care.