

**Kidron Bethel Healthcare Centre
Policy and Procedure
Pain Management**

Responsibility:

Licensed Nurse, Certified Medication Aide, Pain Management Team members, Certified Nurse Aide, Physician, Resident and/or Resident Family / Responsible Party.

Purpose:

To provide Resident with maximum pain relief and management in order to promote optimal comfort and facilitate Resident completion of and participation in activities of daily living within existing limits.

Policy:

Each Resident will be evaluated upon admission, quarterly, and as needed related to condition change using Kidron Bethel Pain Assessment, includes Non-Verbal Assessment Scale / Wong- Baker Faces Pain Scale, and receive treatment consistent with person-centered philosophy, validating the Resident's pain as being whatever the Resident reports.

Procedure:

- A) Charge Nurse will use appropriate facility pain scale to assess Resident discomfort
 - 1) Kidron Bethel Pain Assessment
 - a) Includes Non-Verbal Pain Expression Assessment
 - b) Includes Wong-Baker Faces Pain Assessment Scale
- B) Document assessment findings, including but not limited to:
 - 1) Type of pain assessment scale used
 - 2) Pain-free
 - 3) Location of pain, if present
 - 4) Intensity of pain, as indicated on pain assessment scale
 - 5) Pain Quality Description
 - a) Throbbing
 - b) Sharp
 - c) Burning
 - d) Aching