

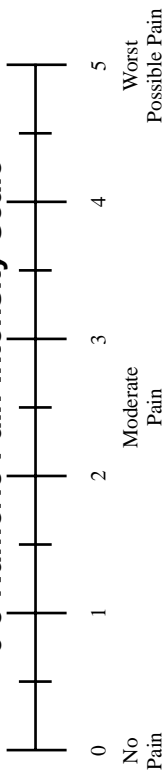
Produced under Contract #500-02-KS01, effective 8/1/02–7/31/05, under Title XI of the Social Security Act by CMS, Dept. of Health and Human Services. The contents of this publication do not necessarily reflect the views or positions of CMS. Publication #7SOW-KS-NHQI-03-06.

This product was adapted from the work of the LIFE Project.

Wong-Baker FACES Pain Rating Scale



0-5 Numeric Pain Intensity Scale



From Wong D.L., Hockenberry-Eaton M., Wilson D., Winkelstein M.L., Schwartz P.: Wong's Essentials of Pediatric Nursing, ed. 6, St. Louis, 2001, p. 1301. Copyrighted by Mosby, Inc. Reprinted by permission.

The WILDA Approach

Words to describe pain: (Have resident provide description; avoid providing words to resident)

<input type="checkbox"/> Aching	<input type="checkbox"/> Throbbing	<input type="checkbox"/> Shooting
<input type="checkbox"/> Stabbing	<input type="checkbox"/> Gnawing	<input type="checkbox"/> Sharp
<input type="checkbox"/> Tender	<input type="checkbox"/> Burning	<input type="checkbox"/> Exhausting
<input type="checkbox"/> Tingling	<input type="checkbox"/> Penetrating	<input type="checkbox"/> Nagging
<input type="checkbox"/> Deep	<input type="checkbox"/> Numb	<input type="checkbox"/> Miserable
<input type="checkbox"/> Unbearable	<input type="checkbox"/> Dull	<input type="checkbox"/> Radiating

Intensity of the pain (0-5)?

SPANISH: Que tan intenso es el dolor-zero a cinco?

Location of the pain?

SPANISH: Donde esta el dolor?

Duration of pain (constant or intermittent)?

SPANISH: Duracion (constante o de ves en cuando)?

Aggravating/Alleviating Factors

What makes the pain worse?

SPANISH: Que hace el dolor derrota?

What relieves the pain?

SPANISH: Que le quita el dolor?

Words that translate into "pain" in other languages:

itami	<i>Japanese</i>	dolor	<i>Spanish</i>
tong	<i>Chinese</i>	douloeur	<i>French</i>
dau	<i>Vietnamese</i>		

Helping all Kansans live with dignity,
comfort and peace at the end of life.

1901 University

Wichita, KS 67213

(316) 263-6380 (888) 202-LIFE

Hotline: (913) 588-3692

www.lifeproject.org



Permission for the use of the WILDA Approach was given by Regina Fink, RN, PhD, FAAN, AOCN, University of Colorado Hospital, Denver.