

ADL CODING

Self-Performance

Measures the resident's self-care performance over the last seven-day period, 24 hours a day. Do not record what the resident is capable of doing - record what the resident actually did.

- 0 = Independent**
No instruction, cueing, or prompting
- 1 = Supervision**
Use of eyes (oversight)
or mouth (verbal cueing)
No touching!
- 2 = Limited Assistance**
Guiding and maneuvering
No staff lifting of extremities or body
- 3 = Extensive Assistance**
Resident performed part of the activity
Staff lifting of extremities and/or body
- 4 = Total Dependence**
Full staff performance of resident activity
- 8 = Activity Did Not Occur**
Resident or staff did not perform the ADL activity



2947 SW Wanamaker Drive
Topeka, Kansas 66614-4193
1.800.432.0770 • www.kfmc.org

ADL CODING Support-Provided

Measures highest level of support provided by staff over last seven days, even if that level of support only occurred once. Do not record the type and level of assistance that the resident should be receiving - record what actually happened.

- 0 = No Staff Assistance**
No set-up or physical assist from staff
- 1 = Set Up Help Only**
Resident is provided with materials or devices necessary to perform activity independently
- 2 = One Person Physical Assist**
- 3 = Two or More Physical Assist From Staff**
- 8 = Activity Did Not Occur**
Resident or staff did not perform the ADL activity
When an "8" is coded under the Support-Provided category, enter an "8" in the same category under Self-Performance.

For questions on ADL Coding, please contact:

RAI/OASIS Education Coordinator and Risk Management Specialist	RAI Coordinator
Kansas Department of Health & Environment	Kansas Department on Aging
785.291.3552	785.296.1246
(For hospital based LTC units)	(For free-standing LTC facilities)

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