

# Nursing Home News

## Kansas Nursing Home Quality Initiative

### FREE ONLINE CONTINUING EDUCATION CREDITS!

KFMC has made available four online educational modules offering continuing education credits. The Holistic Approach to [Pain](#), [Pressure Ulcers](#), [Depression](#) and [Restraints](#) programs offer guidance on approaching clinical topics within the person-directed care setting. To complete this independent study course and receive continuing nursing education credit, you must follow the website instructions completely. Contact hours will only be awarded when all requirements are met and to individuals who have not already received credit for these modules. Take advantage of these FREE CE credits today!

### Person-Directed Care Leadership Series

- Have you determined ways to narrow the gap between “the way it is” and “the way it should be” in your facility?
- Have you formulated ways to begin to abandon the illusion of the Institutional Medical Model in your facility?
- Can you explain the distinction between adulthood and elderhood?

If you answer no to one or more of these questions, we have the resource for you!

Last fall, KFMC sent a Person-Directed Care Leadership Series notebook to all nursing home facilities in the state. The notebook included VHS tapes featuring the Executive Director of the [Eden Alternative](#), Nancy Fox, LNFA, challenging nursing homes to envision the Person-Directed Care Model far beyond our existing boundaries. Nancy shares in her presentation her personal journey of transforming her own nursing home into a “real home, not home-like,” a place that promotes a positive elderhood for all of its residents.

KFMC took Nancy’s presentation and broke it down into an eight-part video series, each comprised of four segments:

1. Introduction
2. Video segment
3. Interactive group activity, and
4. Follow-up discussion questions and evaluation segment.

This series is designed to teach all levels of staff the basic principles of leadership, culture change and person-directed care. There are many ways that this series can be used in your facility:

Continued on next page...

### E-BULLETIN ROUTING SLIP

Use this list to distribute NH *News* to staff who may find the information useful. Multiple persons may receive this via email--please designate someone at your facility to print and route.

When you are finished reading, check the appropriate title and pass to the next person on the list. If you don't have time to read the newsletter right now, leave the box blank to ensure it comes back to you.

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| <input type="checkbox"/> Administrator                 | <input type="checkbox"/> Activities Director |
| <input type="checkbox"/> Director of Nursing           | <input type="checkbox"/> MDS Coordinator     |
| <input type="checkbox"/> Assistant Director of Nursing | <input type="checkbox"/> Therapy             |
| <input type="checkbox"/> Human Resources               | <input type="checkbox"/> Other _____         |
| <input type="checkbox"/> Nurse Manager(s)              | <input type="checkbox"/> Break Room          |
| <input type="checkbox"/> Social Service Director       |  |

### Be a STAR performer!

It's time to reset your targets for 2008. The STAR website is a free resource that allows you to set targets for six quality measures and track performance. It's confidential and helpful to see where you've been and where you need to go.



[www.nhqi-star.org](http://www.nhqi-star.org)



Kansas  
Foundation  
for Medical Care, Inc.

**\*All links are active. Clicking on them will take internet-ready readers directly to the website mentioned.**

### Person-Directed Care Leadership Series Continued...

- All-staff in-service meetings
- New employee orientation
- Nurse management team-building exercises

This series will introduce pathways that will highlight applicable ways to reach out to staff, residents and other members with your heart as well as your head. One series is not solely dependent on the preceding series; however, participants would be best served by completing all eight sessions--CE credit is available for each module. If you have any questions about the series including facilitating tips, obtaining a new copy of the series or why this is such a valuable learning opportunity, please contact a member of the NH Team at 1.800.432.0770.

### Consistent Assignment Education Available

Consistent, primary, or permanent assignment refers to the practice of having the same providers consistently caring for the same residents. Please [click here](#) to access a document that can be used as a brochure or poster. As a poster, this document provides recognition to staff implementing consistent assignment. As a brochure, this document can be used to educate families and friends about consistent assignment. Individual providers can personalize brochures by placing their logo sticker on page one. Both the poster and brochure are available at [www.medqic.org](http://www.medqic.org) and include printing instructions. You can directly access the poster on MedQIC by [clicking here](#), as well as, the direct link above that guides you to the KFMC website. For more information on implementing consistent assignment in your nursing home, request the "Strengthening Staff" module from K-State PEAK-ED at <http://www.k-state.edu/peak/PDFfiles/Staffweb.pdf> or notify KFMC.

### Advancing Excellence in America's Nursing Home Campaign Update

A new feature available on the campaign website ([www.nhqualitycampaign.org](http://www.nhqualitycampaign.org)) allows members of your staff to sign-on as a nursing home employee. Use this feature to have staff show their support, commitment to the project, and understanding of your home's specific goals. Any nursing home who has not enrolled to participate can still do so. For more information on the campaign and its goals, please [click here](#) to access an archived NH News edition or click on the campaign website link above.

### The Quality Improvement Journey - How to Get from Here to There!

KFMC will present at the Kansas Association of Homes and Services for the Aging's (KAHSA) Nurse Leader's Conference on November 1, 2007. Join us as we provide an overview of tools and resources available to all nursing homes in Kansas. Then learn from your peers, as five nursing homes share their quality improvement journey. Homes will discuss goal setting, methods used to identify holes in their current process, approaches used to fix those areas, and outcomes of their work. Homes will present what has been done to sustain progress and how the home will incorporate ongoing monitoring into their quality assurance programs. The following is a list of topics and the homes that will present on them:

<u>Topic:</u>	<u>Facility:</u>
Chronic Care Pain	Atchison Senior Village
Use of Restraints	Community Hospital Onaga LTCU
QI/QM Toolkit	Good Samaritan of Atwood
Depression	Republic County Hospital LTCU
Pressure Ulcers	Schowalter Villa

This is an exciting opportunity to look at how other nursing homes improved on publicly reported measures. Step inside the processes they used and learn from their barriers, challenges and successes. For more information on the KAHSA Nurse Leader's Conference, please visit [www.kahsa.org](http://www.kahsa.org), *Education, Calendar*.

### For more information, please contact a member of the KFMC Nursing Home Team:

**1.800.432.0770**

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